



Association of Residency Coordinators in Orthopaedic Surgery



16th Annual Conference

Preliminary Program

March 12-15 2019

Tropicana Hotel
Las Vegas, NV







The Association of Residency Coordinators in Orthopaedic Surgery (ARCOS) is a national professional organization for program coordinators of orthopaedic surgery residencies and fellowships.







"Best Practices in Graduate Medical Education: Learning from PPL (*Peers, Pros, and Leaders*)"

Tuesday, March 12, 2019

New Coordinator Session:

Noon to 3PM

"So, I'm a New Coordinator, Now What?" Join seasoned Coordinators for the basics and plain talk on how to get started and keep going in this ever changing, ever challenging world of graduate medical education. In this two hour session, you will receive timelines and handouts and learn tips and tricks and best practices in all facets of GME. You will have time to network with new and seasoned coordinators and will leave with many contacts to lean on when you return home with your expanded knowledge base. Also, you don't have to be a brand-new coordinator to attend-you may learn something new in this session if you have only been in "The Business" a year or three.

6PM-8PM

ARCOS Cocktail Reception

Join your colleagues for an informal preconference gathering at the Hard Rock Café. Gather with old friends and make new ones to network and gear up for the annual meeting!

Founded in 2003, ARCOS was created to establish a national group of orthopaedic program coordinators who would be recognized by both program directors and the orthopaedic community at large; to provide a support structure and advocacy forum for coordinators; and to further coordinators' knowledge and skills

| Wednesday, March 13, 2019 | | |
|---------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7AM | Meeting Registration and Breakfast | Start our meeting off right with a hearty breakfast and the camaraderie of ARCOS members |
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| 8AM | ARCOS Opening Ceremony | Call to Order, President's Welcome Address, and Introduction of ARCOS Board of Directors |
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| 8:30AM | ARCOS 2019 Frederick N. Meyer, MD Keynote Address Samir Mehta, MD | Keeping with our theme of "Best Practices in Graduate Medical Education, Learning from PPL (Peers, Pros, and Leaders)," we are honored to have yet another leader in orthopaedics as our 2019 Keynote speaker. Dr. Mehta is an Associate Professor of Orthopaedic Surgery at the Hospital of the University of Pennsylvania. He is a leader in orthopaedics and orthopaedic education as well as a supporter of ARCOS and an advocate for the role of the coordinator. The Frederick N. Meyer, M.D., Keynote Lectureship was established in 2005 to honor Dr. Meyer's support and encouragement of ARCOS. The phenomenal progress and success of ARCOS is directly related to Dr. Meyer's challenge for a handful of Orthopaedic Surgery Coordinators to move forward and form a specialty association exclusively for Orthopaedic Surgery Coordinators. We continue to honor his legacy through this lectureship. |
| 9:15AM Break | | |

| Wednesday, March 13, 2019, Continued | | |
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| 9:30AM | American Board of Orthopaedic Surgery David Martin, MD, Executive Medical Director, ABOS Sonya Parker, Part I Coordinator | Upcoming changes at the ABOS will improve the certification process for all orthopaedic surgeons. This is equally great news for coordinators and residents alike. Learning about the future direction of the ABOS and upcoming changes will prepare coordinators to help our residents through the Board exam application process. As a vital connection between the ABOS and trainees, Program Coordinators must be able to complete certain requirements that enable our trainees to take the ABOS certifying exams. ABOS leaders will present the most up-to-date information to help us effectively work together toward the Board certification of our graduates. Topics to be presented may include utilization of the new resident dashboard, RRA form digitization, and an update on the ABOS Knowledge, Skills and Behavior project. |
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| 10AM | Patsi Furr Coordinator Spotlight | All residency and fellowship coordinators are invited and encouraged to submit presentation proposals on topics of pertinence to the GME community. Put your thinking caps on and get ready! Information regarding the call for presentations will be available soon on the ARCOS website. Stay tuned! |
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| 10:30AM | Fellowships and the SF Match Brian Wolf, MD Erin Volland, MPA, CAE | Match statistics show that 90 – 95% of residents matriculate to a fellowship upon residency completion-some also complete a second fellowship. Our knowledge of the match process, current statistics, and current trends, can help all of us to guide resident/ fellows through the process. Understanding the match process and the characteristics of candidates applying to our programs is integral to performing our jobs at the highest level. This presentation will outline the current trends and new developments in fellowship matching, including the new "single match day." <i>All of us</i> can take back this information to share our residents and fellows. In doing so, we can help guide them as they prepare for their future endeavors. |

| Wednesday, March 13, 2019, Continued | | |
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| 11:45AM | Poster Presentation and Lunch | NEW for 2019—All coordinators are invited and encouraged to submit a poster for presentation at our annual meeting. Information on the call for posters will be available soon on the ARCOS website. Take advantage of this professional development opportunity! Let's build those resumés, PPL!!! |
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| 1:30PM | AAOS, ResStudy, and OITE AAOS Staff | The AAOS provides services and education for all trainees through not only the administration of the OITE, but also through board review courses, webinars and committee opportunities, to name a few. Trainees often contact the coordinator as the primary source of information on for opportunities such as these, therefore, we need to know what's out there! Learn about opportunities for our trainees in the areas of OITE prep (ResStudy), educational courses and webinars, practice management and career services, as well as leadership opportunities such as Resident Assembly and the Resident Advocacy Fellowship. Be in the know, so your trainees can be too! |
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| 2PM—4PM | Motivational Speaker James Malinchak | The role of a coordinator is demanding and ever-changing. It is important to keep charged and motivated - your trainees and your faculty are depending on you! Motivational speaker James Malinchak will empower, inspire, and motivate the audience. Mr. Malinchak is a nationally-known speaker who has given over 3000 talks on "attitude." His motivational, humorous, and highenergy message will remind you of the importance of attitude and how it truly influences the success of an organization and an individual. |

| Thursday, March 14, 2019 | | |
|--------------------------|--------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10:30AM | AAOS Ceremonial Meeting and Presidential Guest Speaker | Off-Site: LOCATION, Please Note: Separate meeting registration required. Please visit www.aaos.org for information when you are registering for the ARCOS Conference. If you need assistance log in to <u>ARCOS online.org</u> |
| Noon | Lunch | Lunch will be available at noon |
| 1PM | ACGME 2018 Update Pamela Derstine, PhD | Learn about the accreditation process and receive updates on accreditation statistics, milestones, and NAS, among other topics. You won't want to miss this important information to take back to your programs. Bring your questions and step up to the mic! |
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| 2PM | Roundtable Discussions | One of the goals of the ARCOS meeting is to provide opportunities for the sharing of best practices. We will have 3 sessions, so pick your favorites and join that table at The Switch! • ABOS Changes • Alumni Development • Coordinator Burnout • Fellowships/ SF Match • Workforce Diversity |
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| 4PM | ARCOS Membership Business Meeting | Call to Order-Julia Panzo, ARCOS President Financial Report—Jennifer Duane, Treasurer Proposed By-Law Amendments—Julia Panzo Adjournment |

| Friday, March 15, 2019 | | | |
|------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 7AM –10AM | Council of Orthopaedic Residency Directors (CORD) Meeting | Rise and Shine for the CORD Meeting! Location TBA Bus Service is available for ARCOS meeting attendees, with their ARCOS meeting badges. | |
| 10:45AM | The ACGME Site Visit Lee Segal, MD ACGME Field Representative | Are you wondering how a 10-year site visit may differ from the site visits of old? In this session, an experienced ACGME Field Representative and Orthopaedic Surgeon will share tips and tricks on how to prepare for a 10-year site visit and you will learn about what to expect on the day of your visit. Learn what to do - and what not to do! | |
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| 11:30AM | ARCOS Website Richard Jacobs, Leadstream | In order to be successful, we need to keep the conversations going after the annual meeting has come to an end. You may have noticed all of the great new features of the redesigned ARCOS website, but you may not know all the ways our site can be used to keep in contact with your peers, ask questions, get information, and complete transactions. | |
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| 12:00 PM | Building Alumni Associations Paul Apyan, MD | Among many job duties, program coordinators, are often also assigned the role of "alumni outreach coordinator" Learn how to build an alumni society, communicate with your numerous alumni, and raise funds for our programs. | |
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| 12:30 PM | Meeting Wrap- Up and Adjourn | Results of Board of Directors Election Prize Drawing - You must be present to win! | |

Registration and Hotel Information

To Register

Registration will be available via the ARCOS website, in the near future

ARCOSonline.org

Registration Fee is \$500 for:

- 22 hours of Information over 4 days
- Four Meals
- Poster Session
- Networking with other Coordinators
- Learning Best Practices
- Keeping Up-To-Date in your Profession
- Professional Development Specifically for the Orthopaedic Coordinator
- Making Contact with ACGME Officials
- Find out where to turn when you don't know the answer!

Cancellation & Refund Policy:

Cancellation requests must be submitted in writing to ARCOSonlineinfo@gmail.com

15+ Days Prior to Course Start Date = Full Refund 14 Days or Less Prior to Course Start Date = No Refund

Hotel Information

Rooms for ARCOS Members have been reserved at the Tropicana Hotel:

Tropicana Hotel Las Vegas 3801 Las Vegas Blvd South Las Vegas, NV 89109 USATEL: +1-504-561-

0500 FAX: +1-504-584-3989



Please use the following link to reserve your room:

https://www.wynjade.com/aaos19/specialty

Login: AAOS

Password: ARCOS

The room block will expire on December 10, so be sure to book your room by that date

Please note that this room block is for ARCOS member use only

Become a member of the ARCOS Board of Directors!!

The ARCOS Board of Directors consists of a maximum of eleven members. Each member serves a five-year term.

To serve as a member of the Board of Directors an applicant must:

- Be a current member of ARCOS
- Be a coordinator of an ACGME accredited residency or fellowship program
- Have attended at least three Annual ARCOS
- Conferences prior to serving on the Board of Directors
- Be able to attend at least one annual ARCOS Board of Directors Plenary Meeting per year and the Annual ARCOS Conference. The Board of Directors meets three times a year (two plenary meetings and the annual conference)
- Be elected by the general membership during the annual business meeting

Contact Vicky Norton, ARCOS Past President, at <u>VNorton@som.umaryland.edu</u> for more information and to make your application.

While at the annual meeting in Las Vegas, take some time to gather for dinner with some NEW and Old Friends to discuss the conference, exchange experiences, and network, network!

Your Board of Directors

President: Julia Panzo, C-TAGME

The Ohio State University

President-Elect: Kim Reising University of Cincinnati

Immediate Past President: Vicky Norton, C-TAGME

University of Maryland

Treasurer: Jennifer Duane, Ed.M. Harvard Combined Program

Secretary: Melissa Gara University of Vermont

Members-at-Large

Joni Davis Texas Tech University

Donna Gibson University of Tennessee

Cassandra D Tucker, BS, C-TAGME Medical University of South Carolina

Artina Dawkins, PhD, MPA C-TAGME
Wake Forest Baptist Health

Kelsey Fitzpatrick University of Maryland

Laurel L Lewis, BA WellSpan York Hospital

We hope to see you in Las Vegas in 2019!

